

Gluten Free Menu

Due to these dishes being cooked to order, there may be a delay.
Thank you for your patience



Breakfast 9am – 11.45am

Holgates Big Breakfast	£9.75
Two 'Burrow's of Silverdale' pork sausages, two rashers of bacon, fried egg, grilled tomato, button mushrooms, hash brown, beans and toast. Served with complimentary apple <u>or</u> orange juice and tea <u>or</u> coffee	
Breakfast	£8.95
Two 'Burrow's of Silverdale' pork sausages, two rashers of bacon, fried egg, hash brown, beans and toast	
Eggs on Toast V	£4.50
A choice of poached, fried <u>or</u> scrambled eggs	
Beans on Toast V	£3.50
Beans and Cheese on Toast V	£4.95
Slice of Toast and Butter V	£1.25
The Guac Stack	£6.50
Gluten free toast topped with guacamole, sliced grilled tomato, 2 poached eggs and rocket leaves	

Jacket Potatoes 12 noon – 5pm

Served with homemade coleslaw and side salad

Beans V	£5.25
Cheddar Cheese V	£5.95
Beans and Cheddar Cheese V	£6.25
Beans and Bacon	£6.25
Beans, Cheddar Cheese and Bacon	£6.95
Cheddar Cheese and Bacon	£6.50
Cheddar Cheese and Red Onion V	£5.80
Cheddar Cheese, Bacon and Red Onion	£6.80
Greenland Prawns with Marie Rose Sauce	£7.50
Tuna Mayonnaise	£6.50
Tuna Mayonnaise and Red Onion	£6.80
Tuna Mayonnaise and Cheddar Cheese	£6.95
Tuna Mayonnaise, Cheddar Cheese and Red Onion	£8.25

Starters 12 noon – 9.15pm

8" Garlic Bread V	£4.50
8" Garlic Bread with Cheese V	£6.25
Nachos V	£6.95
Topped with mozzarella cheese, served with salsa, sour cream and guacamole	
Garlic Prawns and Chorizo	£7.25
Pan fried in garlic butter, served on toast and topped with rocket	

V = Vegetarian

All Day Menu 12 noon – 9.15pm

Horseshoe Gammon	£13.25
10oz grilled gammon accompanied by grilled tomato, pineapple and fried egg, served with a choice of chips, mash, new potatoes or jacket potato and a choice of salad or seasonal vegetables	
Light Bite Horseshoe Gammon	£7.50
5oz grilled gammon accompanied by grilled tomato, fried egg, pineapple, chips and garden peas	
Oven Baked Cod	£13.95
Served with roasted new potatoes, rocket leaves, pesto and seasonal vegetables	
Vegetable, Paneer & Spinach Curry V	£10.50
Served with basmati rice, mango chutney and a warm bread roll	
Hearty Vegetable Stew V	£9.95
Cooked in a tomato sauce, topped with crispy kale and served with a gluten free roll	
Cajun Chicken and Nachos	£12.95
Pan fried chicken, bell peppers and onions in Cajun seasoning, served with nachos, sour cream, guacamole and Cheddar cheese	
Greenland Prawn Salad	£13.30
A fresh mixed salad with Marie Rose sauce and lemon wedge, served with a warm bread roll and homemade coleslaw	
Light Bite Greenland Prawn Salad	£7.50
A fresh mixed salad served with Marie Rose sauce, lemon wedge and homemade coleslaw	
Chick Pea Shawarma Salad	£9.95
A fresh mixed salad with garlic, rosemary and chilli oil, topped with spiced baked chick peas and tortilla chips, served with a gluten free roll and homemade coleslaw	

Pizzas 5pm – 9.15pm

8" Margherita V	£7.50
Tomato sauce and mozzarella	
8" Hawaiian	£8.75
Ham and pineapple	
8" Veggie Supreme V	£8.50
Mushrooms, onions, peppers, jalapeños and pineapple	
8" Americano	£8.95
Double pepperoni	
8" Garlic Prawn and Chorizo	£10.95
Topped with rocket and parmesan	
Extra Toppings	£1.10
Pepperoni, bacon, mozzarella V	
Mushrooms V , onions V , peppers V , pineapple V , jalapeños V , cherry tomatoes V	

Side Orders 12 noon – 9.15pm

Gluten Free Chips	£3.25	Peas (Garden or Mushy)	£0.70
Gluten Free Chips with Cheese	£3.95	Homemade Coleslaw	£1.25
Curry Sauce	£1.50	Bread Roll and Butter	£2.75
Potatoes (Mash, Jacket or New)	£2.50	Baked Beans	£0.70
Side Salad	£1.95	Seasonal Vegetables	£1.95

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