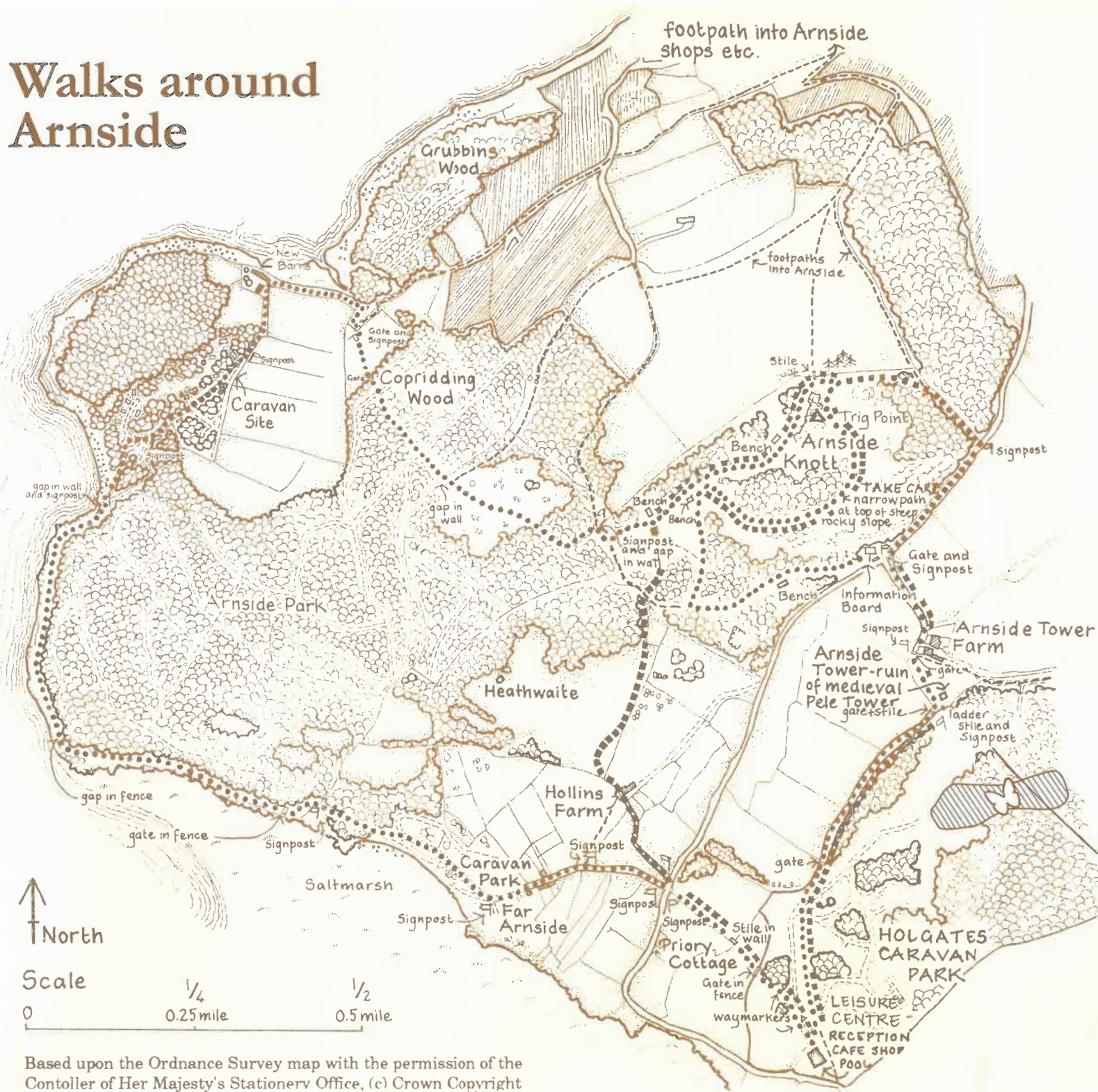


# Walks around Arnside



## KEY

- Trees and woodland
- Scrub
- Grassland/Pasture
- Sea
- Saltmarsh
- Shingle beach
- Buildings
- Field boundaries - walls, hedges, fences
- Road
- Lane
- Footpath
- Public Footpath
- Route to White Creek and Arnside Knott
- Route around Arnside Knott
- Butterfly Reserve

### Please follow the Country Code

- Keep to public footpaths
- Keep dogs under control
- Use gates and stiles to cross fences, hedges and walls
- Close all gates
- Protect wildlife, plants and animals
- Take all your litter home
- Take care on country roads

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## White Creek and Arnside Knott

This walk follows a footpath along the coast to White Creek before climbing up through woodland to Arnside Knott - a limestone hill 522 feet high with a rich variety of wildflowers, butterflies and birds and wonderful views from the summit. The walk is about 5 miles long and you should allow 2-3 hours. The route is shown on the map by the following symbols:- . . . . . It is possible to extend the walk by following footpaths into Arnside where shops and refreshments are available.

Start from the **Leisure Centre**. Walk along **Oak Tree Drive** and follow the yellow waymark signs through the trees. Go through the green gate, cross the field and over the stile. Follow the wall, go through the stile and across the road. Walk along the lane to **Far Arnside** and into the **Caravan Park**. Follow the sign to White Creek and opposite 'Knott Drive' take the lane to the left into the wood. Take the left hand fork at the signpost, go through the gate and follow the footpath between the fence and the shore. Go through the gap in the fence and continue along footpath. At signpost to White Creek go through gap in wall and walk along path leaving the **Caravan Park** to your right. Turn right at the T-junction into the caravan park and follow sign to Arnside along concrete track to **New Barns**. Continue along road and turn right through kissing gate at signpost to Far Arnside and Silverdale. (You may continue along the road into Arnside at this point and rejoin the walk later by retracing your steps from Arnside or taking one of the other footpaths from the village to the Knott; these are shown on the map above). Cross the field and go through the gate on the edge of **Copriding Wood**. Walk up the hill and at the second wall take the left fork and follow the wall to the lane.

(This lane leads into Arnside and there is a second opportunity to visit the village and rejoin the walk later). Turn right into the lane and then take the first path on your left up the hill. Follow this path passing three benches and a stile in the wall to your left. Turn right just after the stile and follow the path up to the trig point at the summit of **Arnside Knott** and round the top of the scree slope. Rejoin the path you climbed up, turn left at the bench and follow the path down the hill. Turn left on joining the lane and continue to the road. Cross the road and go down the lane to **Arnside Tower Farm** and through the gate to the right of the farmhouse. Follow the footpath past **Arnside Tower** and through the stile next to the gate. Walk along the lane and through the gate back into the **Caravan Park**.

## Around Arnside Knott

This 2 mile walk around Arnside Knott takes about 1 hour to complete and is an ideal walk for a sunny evening. The route is shown on the map by the following symbols:- ■■■■■■

From the **Leisure Centre** walk along Oak Tree Drive and follow the yellow waymark signs through the trees. Go through the green gate, cross the field and over the stile. Follow the wall, go through the gate and take the lane signposted to Arnside Knott. Go past **Hollins Farm** and across the field into the wood. Cross the lane and walk up the hill. Turn right at the bench and follow the footpath to the second bench. From here take the footpath to the right around the top of the scree slope or walk along the path to the left around the west side of the Knott. Where these two paths meet take the path down the hill to the road. Turn right onto the road and then take the lane to the left to **Arnside Tower Farm**. Follow the footpath past the **Tower** and over the stile. Walk along the lane back to the caravan park.

# Walking from Holgates Silverdale



Many of the most beautiful places within the Arnside and Silverdale area can only be reached by foot. This leaflet describes four walks in the countryside surrounding Holgates. They all begin from the caravan park and the maps and detailed notes on the routes will help you find your way.



# Walks around Silverdale

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## KEY

- Trees and woodland
- Scrub
- Grassland/Pasture
- Sea
- Saltmarsh
- Shingle beach
- Buildings
- Field boundaries - walls, hedges, fences
- Road
- Lane
- Footpath
- Public Footpath
- Route around Middlebarrow and Eaves Wood
- Route around Silverdale
- Butterfly Reserve

### Please follow the Country Code

- Keep to public footpaths
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- Close all gates
- Protect wildlife, plants and animals
- Take all your litter home
- Take care on country roads

## Around Middlebarrow and Eaves Wood

This 3 mile walk leads you through woodlands rich in wildlife and to a hilltop monument with fine views over Silverdale, and takes 1-2 hours to complete. The route is shown on the map by the following symbols :-

From the Leisure Centre walk along Elm Grove through the gate and along to Arnside Tower. New waymarkers showing a butterfly give you an option to duck to the right here to have a venture into a new butterfly reserve within Middlebarrow Wood. Turn right and walk along the back of the buildings at Arnside Tower Farm following the footpath sign to Waterslack. Go through the stile next to the gate on the right and follow the footpath through the wood to the quarry entrance. Take great care as you cross the railway line. Follow the lane round to the right and take the second footpath to your right across the railway line, signposted to Waterslack and Eaves Wood. Go through the stile in the stone wall and cross the car park to the stile leading into Eaves Wood. Keep to the left at the first fork but at the second bear right and go through the gap in the wall. Continue along this path which follows the edge of Eaves Wood. (You may extend the walk and explore more of Eaves Wood by following any of the footpaths that lead through this National Trust property). The path eventually becomes a narrow lane between two walls. Follow this and take the second turning up the hill opposite the wicket gate. Go left at the first junction and through a small clearing and carry on up the hill until you reach an area of bare rock and the Pepperpot. From here retrace your steps and turn left where all the paths meet. Follow this path to the wall and go left here and through the gap in the next wall. The stile in the wall to your right leads into the Caravan Park.

## Around Silverdale

This is a varied 5 mile walk via woodland, field and shore, and there are many other footpaths along the way if you wish to extend or cut short your walk. Allow at least 3 hours. There are shops and refreshments available in the village. The route is shown on the map by the following symbols:-

Go through the stile at the South East corner of the Caravan Park into the wood and follow this path to the tarmac lane. Turn left by the seat and follow this path along the edge of the wood. Just past the concrete platform follow the path down the slope and out of the wood to the road. Walk down Bottoms Lane and go through the kissing gate on the right just before the wood. Follow this path along the edge of the fields to Silverdale Green and turn left at the main road. Follow this road to the junction and

turn right into Hollins Lane. Turn left along the lane signposted to the shore. From here follow the footpath and then the road to the junction beyond Gibraltar Farm. Do not walk on the sands as there are dangerous quicksands in this area. Turn right here past the Wolf House Gallery and walk up the road to the footpath signposted to Woodwell. Follow this path down the slope and along the edge of the wood to the well. From here the footpath goes along the back of the houses into the village. Follow the signpost to the Village. Turn left on reaching the road and follow the road signposted to the Shore. Go through the gate on your right and follow the footpath across the fields to the Cove. (As an alternative you can continue along Shore Road and follow the footpath along the shore. This route can however be very wet after rain or high tide). From here go through the kissing gate onto the road. Turn left onto the main road and go through the green gate back into the Caravan Park.

